

# HULA HOOP



## Introduction

A hula hoop is a company toy hoop that is twirled around the waist, limbs or neck. The modern hula hoop was invented in 1958 by Arthur K. Melin and Richard Knerr, but children and adults around the world have played with hoops, twirling, rolling and throwing them throughout history. Hula hoops for children generally measure approximately 71 centimetres (28 in) in diameter, and those for adults around 1.02 metres (40 in). Traditional materials for hoops include willow, rattan

(a flexible and strong vine), grapevines and stiff grasses, most modern Hoops are now made of plastic tubing.

## *Maureen Salter*

"I remember it was expensive, 12/6 when it came out and there were different types of them. I wanted an expensive one that had beads inside it that moved round".

## *John Encill*

"It was all the rage at school, mostly with the girls in the playground. We did have them used for P.E. but I could never do it properly, it kept dropping round my ankles"



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